



North Tonawanda  
Community Education

# SPRING 2012

## What are you doing tonight?



We are making friends and learning a new skill!



We are getting in shape!

**REGISTRATION:**  
NORTH TONAWANDA  
MIDDLE SCHOOL

Tuesday  
JANUARY 31  
6:00 – 8:00 pm

IN CASE OF SCHOOL CLOSING  
Makeup date will be FEB. 2  
6:00 - 8:00 pm



We are helping others in our community!

# General Info

## REGISTER

By mail as soon as possible  
or

Evening walk-in

**January 31**

**6:00 - 8:00 pm**

at

**North Tonawanda Middle School  
1500 Vanderbilt Avenue**

## WEATHER RELATED CANCELLATIONS

Special closings due to inclement weather will be announced on local radio stations. If the North Tonawanda City School District is closed during the day, the evening programs will be cancelled. You will be notified by telephone and /or email of emergency cancellations other than the above. Your instructor will review the class schedule and determine any make up dates.

### Television

Channel 2 WGRZ  
Channel 4 WIVB  
Channel 7 WKBW

### AM Radio

WBEN 930  
WNED 970  
WGR 550  
WECK 1230

### FM Radio

WYRK 106.5  
WJYE 96.1  
WBLK 93.7  
WBUF 92.9  
WKSE 98.5

## ELIGIBILITY & FEES

Registration is open to all. Courses may limit registration to "appropriate" ages. There is no additional fee for non-residents.

The fee for each course is included within the course description. Instructors of certain courses will collect supply fees to cover the cost of materials. Course fees must accompany all registrations in order to be considered, unless otherwise stated. Mail-in registrations will automatically be accepted unless otherwise notified. **If you are not contacted by us, please consider yourself registered for your class.** A \$30 FEE WILL BE CHARGED FOR ANY CHECKS RETURNED BY THE BANK.

## CANCELLATION & REFUND POLICY

Registration fees will automatically be refunded or credited if the course is cancelled by the Community Education Department. Please allow 30 days for processing. After 30 days you may check the status of your refunds by calling (716) 807-3603 or email [ntceinfo@gmail.com](mailto:ntceinfo@gmail.com).

In the event you cannot attend the course you registered for please notify the registration office as soon as possible. Due to instructor and classroom scheduling, refunds are not allowed. You *may* be offered credit towards another course and cancellation fees *may* apply.

## FOR THE HANDICAPPED

We encourage handicapped individuals who may need special accommodations to telephone our office at 807-3603 prior to registration.

## NO SMOKING

Smoking is prohibited in all school buildings and on all school property.

## DISCLAIMER

Community Education reserves the right to change presenters, materials, facilities, and/or dates if necessary without notice.

**We are always looking for new class ideas. Maybe you have something you love to do that you could share with others. Call the Community Education Office at 807-3603 or email [ntceinfo@gmail.com](mailto:ntceinfo@gmail.com) for an application.**

# Register Now!

## NORTH TONAWANDA SCHOOL SYSTEM BOARD OF EDUCATION

**Superintendent:** Gregory J. Woytila  
**President:** Frank DiBernardo  
**Vice President:** Christine Porto  
**Trustees:** Donna Braun  
 Joanne Dal Porto  
 Kevin LoCicero  
 Colleen Osborn  
 Arthur Pappas

**REGISTRATION:  
Jan. 31**

**2012**

| FEBRUARY |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| M        | T  | W  | T  | F  | S  | S  |
| 27       | 28 | 29 |    |    |    |    |
| MARCH    |    |    |    |    |    |    |
| M        | T  | W  | T  | F  | S  | S  |
|          |    |    | 1  | 2  | 3  | 4  |
| 5        | 6  | 7  | 8  | 9  | 10 | 11 |
| 12       | 13 | 14 | 15 | 16 | 17 | 18 |
| 19       | 20 | 21 | 22 | 23 | 24 | 25 |
| 26       | 27 | 28 | 29 | 30 | 31 |    |
| APRIL    |    |    |    |    |    |    |
| M        | T  | W  | T  | F  | S  | S  |
|          |    |    |    |    |    | 1  |
| 2        | 3  | 4  | 5  | 6  | 7  | 8  |
| 9        | 10 | 11 | 12 | 13 | 14 | 15 |
| 16       | 17 | 18 | 19 | 20 | 21 | 22 |
| 22       | 24 | 25 | 26 | 27 | 28 | 29 |
| 30       |    |    |    |    |    |    |
| MAY      |    |    |    |    |    |    |
| M        | T  | W  | T  | F  | S  | S  |
|          | 1  | 2  | 3  | 4  | 5  | 6  |
| 7        | 8  | 9  | 10 | 11 | 12 | 13 |
| 14       | 15 | 16 | 17 | 18 | 19 | 20 |
| 21       | 22 | 23 | 24 | 25 | 26 | 27 |

**NO CLASSES ON  
DATES GREYED  
OUT**

### *Mission Statement*

The **MISSION** of the North Tonawanda Community Education Program is to bring members of the community together in an environment where teaching and learning develops a sense of community. Some people who have a certain skill, talent or hobby, and who are highly skilled or have above average knowledge of the subject, can educate, entertain, or inform others who share a similar interest.

**Our courses** are high quality, diverse, and affordable and the curriculum is designed to keep the needs and interests of the participants foremost. We also offer many courses in which the participant can obtain certification in a subject upon successfully demonstrating skills learned. The themes of the wide variety of classes we offer include learning, physical fitness, fun, and socialization.

**Our instructors** have a passion for their subjects and they enjoy communicating their enthusiasm with others. Some of them bring their professional experience to the night course while others have a favorite hobby or skill they are good at and want to share it with others.

**The class participants** come from all walks of life with many levels of experience and education, but all want to learn more about a topic that appeals to them.

# Don't Miss Out!

## ZUMBA® / ZUMBA GOLD® Combo Class The HOTTEST new workout!

Zumba® fuses Latin rhythms and easy to follow moves to create a dynamic fitness program that will blow you away. Get hooked on working out. Zumba® routines tone and sculpt your body while burning fat. In the past years Zumba® has become nothing short of a revolution. Coining the concept of fitness-party™, Zumba® has spread like wild-fire, and is the best party around. Latin Rhythms and easy to follow moves, create this dynamic fitness program. We want you to want to start working out, to love working out, and to get hooked! Zumba Gold® will let you achieve numerous health and fitness benefits, all while having an absolute blast! It is one exhilarating hour of calorie burning, energizing, and awe-inspiring movements. Zumba Gold® is designed specifically for the baby boomer generation or for those who are coming back to exercise. This course offers the same Latin Rhythms as Zumba® and the same party atmosphere. Zumba Gold® is a safe, effective and fun work out for adults of all ages!!

**Staffed by Sheila's Fitness Jam**  
All classes are at Ohio School gymnasium  
625 Ohio Street

| Sessions | Day  | Starts  | Ends   | Time        | Cost | Code   |
|----------|------|---------|--------|-------------|------|--------|
| 6        | Tues | Feb. 28 | Apr. 4 | 5:30 – 6:30 | \$55 | SZMAC1 |

| Sessions | Day  | Starts  | Ends   | Time        | Cost | Code   |
|----------|------|---------|--------|-------------|------|--------|
| 6        | Tues | Apr. 17 | May 22 | 5:30 – 6:30 | \$55 | SZMAC2 |

### REDUCED RATE OR FREE WITH SOME INSURANCE PROGRAMS *Applies to Zumba and Zumba Gold only.*

If you have Independent Health Flex Fit, Univera Active Rewards, or Univera Health Care/Medicare Advantage, please write "insurance" on the registration form along with insurance card number. **Registration is required. You will not be registered without the insurance number.**

### HALL WALKING

Kick start your fitness routine, reduce stress, boost immunity and improve your mood by joining us for another walking program at the North Tonawanda Middle School! Whatever your fitness level, walking is a wonderful way to get into shape. You can walk at your own pace in a dry, warm environment. A pass, your free pedometer, and more information will be available at registration. Walking cancelled when school is closed. See schedule near sign-in book. Adults only.



|                 |                                |
|-----------------|--------------------------------|
| Code: SHWK      | N. T. Middle School, Hallways  |
| Day: Mon—Thurs  | Cost: \$10                     |
| Starts: Feb. 27 | Time: 4:00 – 8:00 PM (anytime) |
| Ends: May 24    |                                |

### POLISH EASTER FAVORITE: PLACEK

Learn how to make this Polish Easter tradition. This is a hands-on class where you can learn techniques of making and baking this traditional bread for your holiday table. Recipes available. A \$8 supply fee is payable to the instructor the night of class. Please bring a container to take home a sample. Class Limit: 8

**Terri D'Andreamatteo**

|                 |                             |
|-----------------|-----------------------------|
| Code: SPEA      | N. T. Middle School, Rm 142 |
| Day: Mon        | Cost: \$12                  |
| 1 Class Mar. 12 | Time: 6:00 – 8:00 PM        |

### TIME TO PAMPER YOURSELF

This class will have you making all kinds of good stuff for your skin. Homemade facials, brown sugar scrubs, bath salts, and bath fizzies. It's all about pampering yourself in this class. Bring a friend and have a girl's night out! A \$8 supply fee is payable to the instructor the night of class. Class Limit: 8

**Terri D'andreamatteo**

|                  |                     |
|------------------|---------------------|
| Code: SFWT       | NT Middle, Room 120 |
| Day: Mon         | Cost: \$12.00       |
| 1 Class: Apr. 16 | Time: 6:00 - 8:00   |

### HOLIDAY EASTER WREATH MADE FROM MARSHMALLOW PEEPS

Peeps and Easter go hand in hand. Brighten your home with this adorable holiday wreath. We will wrap an 8-inch Styrofoam cone with yellow ribbon, and cover it with traditional marshmallow peeps and decorations. You will make a true Easter classic that will become a tradition in your home year after year. A \$8 supply fee is payable to the instructor the night of class. Class Limit: 8

**Terri D'Andreamatteo**

|                 |                             |
|-----------------|-----------------------------|
| Code: SEWB      | N. T. Middle School, Rm 142 |
| Day: Mon        | Cost: \$12                  |
| 1 Class Mar. 26 | Time: 6:00 – 8:00 PM        |

# Register Now!

## AQUA MIX

Obtain a well-rounded workout through a variety of movements and styles. Class incorporates traditional water aerobics, a deep-water circuit, a session of body toning and more. Also included is a low/high intensity cardiovascular work out and exercises that enhance muscle tone and flexibility. Get a great workout while enjoying some great music. Note that this takes place at NT Middle School.

**Cyd Green & Beverly Wesolowski**

| Classes per Week | Day       | Time        | Starts  | Ends    | Cost | Code   |
|------------------|-----------|-------------|---------|---------|------|--------|
| Twice            | Mon & Wed | 5:15 - 6:15 | Feb. 27 | Mar. 29 | \$69 | SAM1A  |
| Twice            | Mon & Wed | 6:15 - 7:15 | Feb. 27 | Mar. 29 | \$69 | SAM1B  |
| Twice            | Tue & Thu | 5:15-6:15   | Feb. 27 | Mar. 29 | \$69 | SAM1C  |
| Twice            | Tue & Thu | 6:15-7:15   | Feb. 27 | Mar. 29 | \$69 | SAM1D  |
| Classes per Week | Day       | Time        | Starts  | Ends    | Cost | Code   |
| Twice            | Tue & Thu | 4:15 - 5:15 | Apr. 16 | May 24  | \$69 | SATR2A |
| Twice            | Tue & Thu | 5:15 - 6:15 | Apr. 16 | May 24  | \$69 | SATR2B |
| Twice            | Mon & Wed | 6:00 - 7:00 | Apr. 16 | May 24  | \$69 | SAMW2C |

## BABYSITTING

The Child & Babysitting Safety (CABS) course from the American Safety & Health Institute will teach students everything they need to be a great babysitter. This fun, interactive course teaches first aid and safety skills so they can prevent and respond to emergencies. As a trained babysitter they'll gain confidence and valuable employment skills to impress parents. Targeted for students 11 - 15 years old. Students who successfully complete the program will receive a babysitter's text, first aid kit, starter package and certification card.

### The Safety Company

Code: EBBS1 NT Middle, Room 152  
 Day: Thurs Cost: \$55  
 Starts: Mar. 22 Time: 6:00 – 8:30 PM  
 Ends: Mar. 29 Sessions: 2

Code: EBBS2 NT Middle, Room 152  
 Day: Thurs Cost: \$55  
 Starts: Apr. 19 Time: 6:00 – 8:30 PM  
 Ends: Apr. 26 Sessions: 2

## LAP SWIMMING FOR ADULTS

Swimming laps for adults is a great cardiovascular exercise. Participants will be able to swim at their own pace. Lifeguard on duty. Note that this takes place at NT Middle School.

| Classes per Week | Day       | Time        | Starts  | Ends    | Cost | Code   |
|------------------|-----------|-------------|---------|---------|------|--------|
| Twice            | Mon & Wed | 7:30 - 8:30 | Feb. 27 | Mar. 29 | \$50 | SLSMW1 |
| Twice            | Tue & Thu | 7:15- 8:15  | Apr. 16 | May 24  | \$50 | SLSTR2 |



## FAMILY SWIM

Great family fun! An adult must accompany all children into the swimming area and remain with them while they swim. Lifeguards on duty. Enroll one adult family member and indicate number of participants. No make-up classes for unscheduled closed days. Note that this takes place at NT Middle School.

| Classes per Week | Day       | Time        | Starts  | Ends    | Cost                                       | Code   |
|------------------|-----------|-------------|---------|---------|--|--------|
| Twice            | Tue & Thu | 7:30 - 8:30 | Feb. 27 | Mar. 29 | \$50/ family of 6<br>\$5 each add'l member | SFSTR1 |
| Twice            | Mon & Wed | 7:15- 8:15  | Apr. 16 | May 24  | \$50/ family of 6<br>\$5 each add'l member | SFSMW2 |

# Don't Miss Out!

## PISTOL PERMIT

This critically acclaimed, county approved pistol permit class is ideal for preparing students to carry and deploy handguns. The instructor shares his insights and important safe tips. This certification class will cover the essential skills necessary for safe carry, deployment, use, and care of handguns for self protection, hunting, and target shooting. Rarely seen video footage of actual firearms accidents, slides, hands on demonstrations, and lecture all come together to create an informative and useful training class.

**J D Carr**

|         |         |                                  |
|---------|---------|----------------------------------|
| Code:   | PPJC    | NT Middle, Conference, 1st Floor |
| Day:    | Tue     | Cost: \$60                       |
| 1 Class | Mar. 20 | Time: 6:00 – 9:00 PM             |



## UTAH/FLORIDA CONCEALED CARRY

Both the UT & FL Concealed Firearm Permits are highly sought after because they allow NYS Pistol Permit holders to legally carry a concealed weapon in as many as 30 other states. Take this official certification class and you'll be certified to apply for both your UT and FL concealed carry permits! Application packets & training manuals will be provided for free. We will have a police officer in class for fingerprinting. He is paid separately in cash \$10.00 for UT 'prints and \$10.00 for FL 'prints. A Notary Public will be in class to inspect and notarize paperwork. The Notary is paid \$5.00 separately. This is a 2-day class and you must attend both.

**J D Carr**

|           |              |                                  |
|-----------|--------------|----------------------------------|
| Code:     | PPCC         | NT Middle, Conference, 1st Floor |
| Day:      | Tue & Wed    | Cost: \$75                       |
| 2 Classes | Mar. 27 & 28 | Time: 6:00 – 9:00 PM             |



## PISTOL PERMIT

This course is required for Erie and Niagara County residents. Indicate on registration if you live in Erie County. You will learn all the basics of safety, NYS law and marksmanship. This completely satisfies all requirements for applying for a NYS pistol license. DO NOT bring weapons to class. This is an interactive class so you won't just be sitting for 3 1/2 hours. Please bring paper and a black-ink pen to class.

**David Battaglia**

|         |        |                                  |
|---------|--------|----------------------------------|
| Code:   | PPDA1  | NT Middle School Library, 2nd Fl |
| Day:    | Mon    | Cost: \$60                       |
| 1 Class | Apr. 2 | Time: 6:00 – 9:30 PM             |

|         |       |                                  |
|---------|-------|----------------------------------|
| Code:   | PPDA2 | NT Middle School Library, 2nd Fl |
| Day:    | Mon   | Cost: \$60                       |
| 1 Class | May 7 | Time: 6:00 – 9:30 PM             |

## UNDERSTANDING COLLEGE FINANCIAL AID

A voluntary workshop designed for parents of high school students. The workshop is designed to reduce the impact of college expenses on a family's budget with a focus on helping parents understand the ins and outs of the confusing financial aid system. We will discuss many of the major changes in the financial aid system in recent years and its impact on the colleges your student may attend. Parents will also learn about the availability of college grants, scholarships, student loans, as well as recent enhancements to federal aid and tax incentives. Don't let the current economic crisis affect college until you attend this workshop. *Couples may register together for one price.*

**David Jarosz**

|         |         |                             |
|---------|---------|-----------------------------|
| Code:   | FCFA    | N. T. Middle School, Rm 138 |
| Day:    | Tue     | Cost: \$12 per couple       |
| 1 Class | Apr. 17 | Time: 6:30—8:00 PM          |

## DOGGIE BISCUIT & TREATS

Take this class and learn just how easy it is to make healthy home-made dog biscuits and treats. You will make a variety of treats made with cheeses and meats. Then cut them with bone shaped cookie cutters. Come in and spoil your furry friend!

Please bring a container to take home a sample. A \$8.00 supply fee is payable to the instructor the night of the class.

**Terri D'Andreamatteo**

|         |         |                             |
|---------|---------|-----------------------------|
| Code:   | ADBT    | N. T. Middle School, Rm 142 |
| Day:    | Mon     | Cost: \$12                  |
| 1 Class | Feb. 27 | Time: 6:00 – 8:00 PM        |

# Registration

Check or Money Order payable to **N. T. C. S. District Treasurer**. One check for all participants and courses is acceptable

√ **Walk In:** Bring the completed form and payment (cash or check), Tuesday, 6:00 to 8:00 PM, **January 31 only** at North Tonawanda Middle School, 1500 Vanderbilt Ave. In case of school closing, make-up registration date will be Thursday, February 2nd.

√ **Mail In:** Send the completed form and payment (check or money order) to:

N.T.C.S. District Business Office, Attn: Community Ed, 175 Humphrey Street, N. Tonawanda, NY 14120.

**Advance Registration** is strongly recommended, as space is available on a first-come, first-served basis and enrollment is often limited. You can send registration and payment anytime prior to the first day of the course. If you want to register for a class that starts within one week, please call 807-3603 to notify us of your interest and to confirm that the class is going to be held. Payment must be made at time of registration.

|  |      |           |      |
|--|------|-----------|------|
| Contact Name:  |      |           |      |
| Email Address:   |      |           |      |
| <p>Telephone numbers and email addresses are used to notify participants that a course is cancelled due to school closing or instructor illness as well as to get clarification about registrations, unless otherwise indicated in course description. Email allows communication to a large number of participants quickly. Name, address and phone numbers are given to instructors but email is used only for administrative purposes. Every effort is made to ensure your privacy. Email addresses on file will receive the semester brochures as soon as it goes to the printer; which may be up to a week before the general population receives the printed copy. Please notify us if you do not wish to receive this advance brochure.</p> |      |           |      |
| Telephone Numbers:   | HOME | WORK      | CELL |
| Area Code: _____   |      |           |      |
| Mailing Address:   |      |           |      |
| City:  |      | Zip Code: |      |

| Participant Name | Course Code | Start Date | Fee | Date of Birth<br>(if under 21 yrs old) |
|------------------|-------------|------------|-----|--|
|                  |             |            |     |  |
|                  |             |            |     |  |
|                  |             |            |     |  |
|                  |             |            |     |  |
|                  |             |            |     |  |
|                  |             |            |     |  |

|  |                 |
|--|-----------------|
| <input type="checkbox"/> CASH <input type="checkbox"/> CHECK NUMBER: | Payment Amount: |
| NAME:  |                 |

**Consider yourself registered unless you are notified that the class is cancelled.**

|                            |  |
|----------------------------|--|
| COMMENTS:                  |  |
| How did you hear about us: |  |

# North Tonawanda Community Education

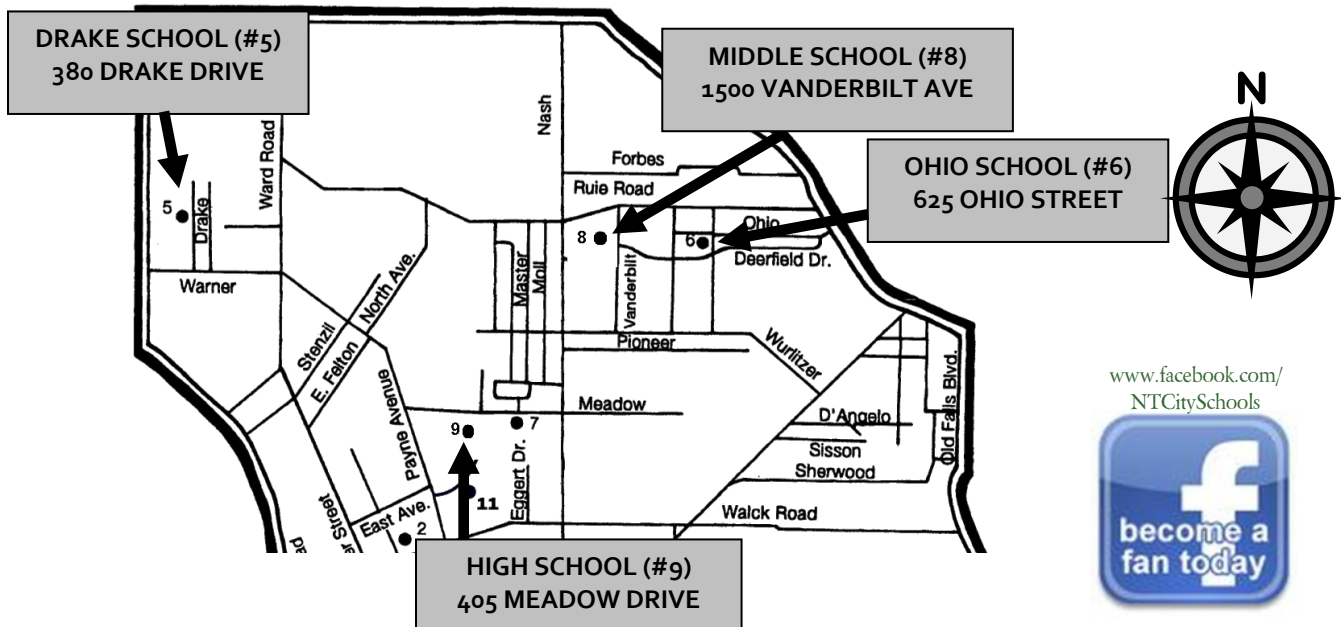
See this brochure  
on our website:  
[www.ntschoools.org](http://www.ntschoools.org)  
It's under the  
Community tab.



**Mail-in  
registrations  
will be  
accepted in the order in  
which they are  
received.**

## Evening Walk-in Registration

**JAN. 31  
6:00 - 8:00 pm  
NT MIDDLE SCHOOL  
1500 Vanderbilt Ave**



North Tonawanda Middle School  
Community Education Office  
1500 Vanderbilt Avenue  
North Tonawanda, NY 14120

NON-PROFIT ORGANIZATION  
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